

# Jenna Ponaman

SAG-Eligible

**ACTIVITY**

Tim O'Shea - 818-308-6420 x 221

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Height: 5'2"

Weight: 150 lbs

## Film

Wisdom Tree	Lead	Harlan Productions
Class Clowns	Lead	Dir: Ghalil Deba
Live, Not Just Alive	Lead	Dir: Ruoxin Wu
Enchanted	Lead (Sign Language)	Dir: Charlotte McGrath/Cal State Film School
Sexual Harassment Video (Docudrama)	Lead	Media Productions
Underwriting Love (Short)	Lead	Dir: Jeremy Hain
No Rapture (Short)	Supporting	Dir: Jordan Nistico
The Sheriffs (Feature)	Supporting	Dir: John McCormick
A Moment For Each	Supporting	Dir: Christian Roe
Hope Dancer	Featured	Dir: Aili Wang/NYFA
Be Mine (Short)	Featured	Dir: Marcia Robbins
Love.Meet.Hope (Feature)	Featured	Dir: Brad Gower

## Television

First Impressions (Pilot)	Lead	Dir: Brandon Howe
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## Commercial

American Society of Plastic Surgeons	Lead	American Society of Plastic Surgeons
Oscar Meyer	Lead	Oscar Meyer
Gatorade	Supporting	Gatorade
Disney On Ice	Supporting	Disney

## Webisodes

The Realist Housewives	Lead (Producer)	Dir: Melissa Goncalves
Office Jerks	Lead (Producer)	Dir: Brian Groh
The Watchers	Lead	Dir: Chad Woods
Between 2 Phat Kids	Supporting (Producer)	Windbreaker Productions
Superheroines	Supporting	Alter Ego Productions
The Ploy	Supporting	Dir: Kate Rees Davies
Borderline Coyotes	Co-Star	Dir: David Scott

## Theater

Vampire Masquerade	Lead	The Berubian Theatre Company
How the Grinch Stole Christmas	Lead	Granada Hills Performing Arts
Romeo and Juliet	Supporting	Cal State University Northridge

## Training

Scene Study (Current)	Lesly Kahn	Lesly Kahn & Company, Actor Training
Improv (Advanced-Current)	Colleen Smith	The Groundlings School
Improv (Intermediate)	Holly Mandel	The Groundlings School
Improv (Basic)	Jay Lay	The Groundlings School
Audition Technique (Master)	Margie Haber	Margie Haber Studio
Audition Technique (Advanced)	Eden Bernardy, John Rushing	Margie Haber Studio
Audition Technique (Beginner/Intermediate)	Courtney Burr, Zak Barnett	Margie Haber Studio
On-Camera Commercial	Marnie Cooper	
Commercial/TV-Film/Scene Study	Linda Bisesti	
Sitcom-Scene Study	Cheryl Anderson	
Improv (Workshop A)	Julie Welch	The Groundlings
Improv (101)	Toni Charline	UCB

## Awards

FIGURE SKATING/ICE DANCE: 15 years experience—2000 Rim of the World Champion, 2005 ISI Southern California World Recreational Team Champion.

## Special Skills

Can cry on cue, Excellent singer (Mezzo-Soprano), American Sign Language, Impressionist, Western Dialect, British Dialect, Russian Dialect, Swimming, Dance (Ballet, Ballroom, Salsa), Powerlifting, Kickboxing, Yoga, Education: Criminal Justice (Sociology) Major, Political Science Minor, Life Coach, Theatre